**Limitations of Arrays**

* **Fixed Size:** Arrays have a fixed size, so once the initial capacity is reached, you can't add more elements without creating a new array.
* **Inefficient Insertions/Deletions:** Inserting or deleting elements involves shifting elements, which can be inefficient.
* **Lack of Flexibility:** Arrays do not dynamically resize or handle complex operations like linked lists or other data structures.

**When to Use Arrays:**

* When the number of elements is known and fixed.
* When you need fast access to elements via indices.
* When memory overhead and resizing costs are a concern.